

WHAT IS CLAIMED IS:

1. A method of mixing a fluid material comprised within an F-style container,  
5 said method comprising the steps of:
- (a.) providing a mixing apparatus comprising:
    - a table;
    - a clamp assembly movably disposed above the table;
    - an electric motor connected to the table for vibrating the table;
  - 10 (b.) providing an F-style container with the fluid material disposed therein;
  - (c.) providing a bucket with an interior sized to receive the F-style container therein;
  - (d.) providing a base insert with a bottom recess formed therein, said base insert being sized to be snugly received in the bucket and said bottom recess being sized to  
15 snugly receive a bottom portion of the F-style container therein;
  - (e.) providing a top insert with a top recess formed therein, said top insert being sized to be snugly received in the bucket and said top recess being sized to snugly receive a top portion of the F-style container therein;
  - (f.) inserting the base insert in the bucket;
  - 20 (g.) inserting the bottom portion of the F-style container in the bottom recess of the base insert;
  - (h.) inserting the F-style container in the bucket;
  - (i.) inserting the top portion of the F-style container in the top recess of the top insert;
  - 25 (j.) inserting the top insert in the bucket;
  - (k.) placing the bucket with the base insert, the top insert and the F-style container disposed therein onto the table of the mixing apparatus;
  - (l.) moving the clamp assembly to clamp the bucket to the table; and
  - (m.) energizing the electric motor to vibrate the table, thereby mixing the fluid  
30 material.

2. The method of claim 1 wherein the fluid material is a tinting concentrate.

3. The method of claim 1 wherein the base insert is inserted into the bucket before the bottom portion of the F-style container is disposed in the bottom recess of the base insert, and wherein the F-style container is inserted into the bucket when the bottom portion of the F-style container is disposed in the bottom recess of the base insert.

4. The method of claim 3 wherein top insert is inserted into the bucket when the top portion of the F-style container is inserted into the top recess of the top insert.

5. The method of claim 1 wherein the base insert and the top insert are composed of plastic foam.

6. The method of claim 1 wherein the container when snugly received into the base insert and top insert is tilted at an angle relative to the interior of the bucket.

7. The method of claim 6 wherein the angle is between about 3° and about 15°.